OUR STORY

Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates it's own unique character & local community that it serves. We celebrate our idyllic locations & believe we have a responsibility to protect the countryside that surrounds us, for now & future generations.

WECARE

Our carefully considered offering of ever growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly & carbon neutral in every choice we make.



Each drink highlighted with a tree symbol indicates a 'sustainable story'.



Each drink highlighted with a bee symbol indicates a serve that will contribute to our charitable partnership with the Bee Friendly Trust supporting their mission to create habitats for pollinators to thrive.

Drinks shown within our dotted boxes showcase our non-alcoholic serves.



Mixed Italian Olives £3.95 Chilli puffs / Mixed nuts from £2.50 Pipers crisps £1.60

SOFTS & MIXERS	
Kingsdown sparkling pressés Hand-crafted soft drinks made from natural spring water & the highest qua fruit juices. Choose from apple, orange, rhubarb or elderflower	
Fruit juices Apple, cranberry, pineapple or orange	from £3.25
Double Dutch tonics & mixers Indian tonic, skinny tonic, double lemon, elderflower, pink grapefruit, ginger beer, or ginger ale	£2.85
Diet Pepsi, Pepsi Max or R Whites Lemonade	from £3.25





BOTTLED BETRS & CIDERS

Peroni Gluten Free 500ml Italy (5.1%)	£5.30
Sol 330ml Mexico (4.5%)	£5.20
Old Mout Cider 500ml (4.5%)	£5.85
Budweiser 330ml (5.1%)	£5.25
Asahi 330ml (5.2%)	
Peroni Nastro Azzuro 300ml (0%)	
Old Mout berries 500ml bottle (0%)	£5.30
Adnams Ghost Ship 500ml (0.5%)	

DRAUGHT PEER & CIDER

Peroni Nastro Azzuro Italy (5.1%)

Grolsch Netherlands (4%)

Meantime Anytime IPA (4.7%) ...

Guinness Dublin (5.1%)

Los Devros House Lager (4.5%) ..

Meantime London Pale Ale (4.3%)

Cornish Orchard Gold Cornwall (4.5%)

Please ask for today's selection of Cask Marque accredited real ales & draught ciders – these change all the time to keep the freshest & most suitable range available to you! We are proud to be Cask Marque approved through their independent inspections.

APERITIFS & SPRITZ

Aperol Spritz Aperol Italian aperitif, prosecco, soda water & an orange slice	£9.25
Beesou Spritz Beesou honey aperitif, prosecco, soda water & pink grapefruit slice 25p from every Beesou Spritz sold will be donated to the Bee friendly Trust	£9.50
Spiced Ginger Spritz Makai spiced rum, ginger beer, soda water & lime slice	£8.75
Apple-roll Spritz (0%) Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with apple slice	£7.50
Spiced Cane Ginger Spritz (0%) Fluere spice cane non alcoholic spirit, ginger beer, soda water & lime slice	£7.25

CLASSIC COCKTAILS	
Strawberry Daiquiri	£7.99
Passion fruit Martini	£7.99
Pink Martini	£7.99
Espresso Martini	£7.99
Baby Guiness	£3.95
Cherry Bellini	£8.50
Bloody Mary	£8.75

Virgin mojito (0%)	£5.95
Virgin Cherry Belli-no Cherry purée with non-alcoholic sparkling wine	£6.50

OUR SIGNATURE CREATIONS

Beegroni Beesou, Campari, Martini Rosso with a grapefruit peel	£9.25	
Cherry Bakewell sour (0%) Lyre's Amaretti, cranberry & cherry purée	£7.95	

SPARKLING & CHANPAGNE	125ml / bottle
Moët Imperial Moët & Chandon, France (12%)	£75.00
Moët Rosé Imperial Moët & Chandon, France (12%) Harmonious flavours of wild strawberry, raspberry & cherry with a refreshing stone & citrus fruit finish	£85.00
NV Prosecco Via Vai, Italy (11%)	£7.25 / £34.00
Prosecco Rose Ruggeri, Italy (11.5%)	£36.50
Eins Zwei Zero sparkling rosé (0%)	£30.00



	WHITE	175ml / bottle
	Chardonnay Les Mougeottes, France (13.5%)	£7.25 / £27.00
כ ב	Verdejo "Embrujo" Bodegas Verum, Spain (12.5%) Organic Spanish white, with hay & fennel flavours rounded out by plums & pears & ending on a refined note of citrus	£6.35 / £24.00
מטעע	Sauvignon Blanc, Petal & Stem Yealands, New Zealand (13%) Classic Marlborough Sauvignon Blanc, textured & elegant with a distinctive mineral finish	.£8.45 / £32.00
7 7 7	Petit Chenin Blanc Ken Forrester, South Africa (13%)	
	Blanc de Blanc Le Rouleur, France (11.5%)	£6.15 / £22.00
	Pinot Grigio Arcole Love Story, Italy (12.%) A crisp, clean Pinot Grigio with white flowers & pears on the palate	£8.00 / £30.00
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ROSE	175ml / bottle
Pretty Gorgeous Rosé France (13%)	£6.00 / £21.00
La Copa de Bobal Rosé Utiel-Requena, Spain (12.5%) Beautiful, raspberry-pink, slightly sweet rosé from the Bobal grape, exuding wild strawberry, black cherry & a drop of rosewater	£6.25 / £24.00



	RED	175ml / bottle
ΙΤΥ	Carignan Le Rouleur, France (12%)	£6.00 / £21.00
S FRU	Tempranillo "Embrujo" Bodegas, Spain (12.5%) Expressive Spanish red with black fruit & spice	£6.35 / £24.00
SOFT	Pinot Noir Les Mougeottes, France (13%) Clean & precise bouquet with black cherries & raspberry aromas. Medium-bodied with red berry fruits	£7.50 / £28.00
	Rioja Crianza Ramón Bilbao, Spain (14%)) Full of black fruit plus an intriguing sour note	£8.95 / £35.00
	Merlot Reserva Vina Leyda, Chile (13%) Sweet aromas of plums, cherries, & spices followed by dark chocolate & tobacco notes	£8.75 / £33.00
	Montepulciano d'Abruzzo Abruzzo, Italy (14.5%)	£8.00 / £30.00
	Don David Malbec El Esteco, Argentina (14%) Rich & filled with berries, plum jam & chocolate notes with elegant scent of violets, vanilla & smoke on the nose	£8.45 / £32.00
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HIGHLIGHTS FROM OUR RANGE

Glenfiddich 12 year old Scotch

Meaning 'valley of the deer' in Scottish Gaelic, with a lower aby than the increasingly popular cask strength Scotches - it's the one to drink when you're drinking more than one

Jameson Irish Whiskey

Distilled three times in copper stills for smoothness - not because they have to but because they want to. Good things come in threes according to Jamo'

Talisker Scotch Whisky

The Isle of Skye's only single malt & one that is loved all over the world for its maritime character

BOURBONS & TENESSEE MHISKEYS

HIGHLIGHTS FROM OUR RANGE

Woodford Reserve

The worlds most 'flavourful bourbon' with more than 200 delectable flavours (we won't list them all) but we can tell you it's super smooth

Jack Daniel's Old No 7

Charcoal mellowed drop by drop

Maker's Mark

Made from soft winter wheat (instead of the usual rye) for a full flavoured bourbon

Having received B-corp status for championing social & environmental initiatives across the company & industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'

TEQUILA

HIGHLIGHTS FROM OUR RANGE

El Tequileno Reposada

Three generations after it's foundation, with history, heritage & passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas



98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilize their next generation of Agave

El Rayo No1 Plata

A modern tequila created to mix with tonic water. Move over G&T, the T&T has arrived

HIGHLIGHTS FROM OUR RANGE

Sapling Vodka

Tackling climate change through reforestation - planting a tree for every bottle we buy!

100% carbon positive British vodka four times distilled using local ingredients to reduce transport emissions

Grey Goose

There for all of life's best moments with an opulent reputation - distilled in Picardy, France with only the finest French ingredients

Finlandia

The vodka for vodka lovers, created from golden Finnish barley that is softened by the harsh Scandi winters

Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations



Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative



HIGHLIGHTS FROM OUR RANGE

Sapling Gin

Made using local ingredients to reduce transport emissions & distilled using wild farmed stone-milled sustainable wheat



A climate positive London dry gin distilled from organic regenerative wheat - planting a tree for every bottle we buy!

Bombay Sapphire

Distilled at Laverstoke Mill in Hampshire. Bombay first burst onto the scene in the late 80's. By focusing on the botanicals they paved the way for a lot of the craft gins we know today

Hendrick's

A triumph of the unusual - curious, yet marvellous the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

Bloom Jasmine & Rose

Sugar free premium pink gin, bursting with exquisite floral flavours

Tanqueray

Nearly 200 years ago, Tanqueray was one of the earliest innovators in gin history - thanks to Charles Tanqueray, who founded it in the late 1830's. Today, it's hard to find a back bar without the familiar green bottle modelled on a cocktail shaker

Whitley Neill rhubarb & ginger or Sicilian blood orange

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

Mermaid

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

Mermaid pink strawberry or zest

From fresh sun-kissed strawberries to coastal rosemary & zesty citrus



Packaged in full recyclable glass bottles, Mermaid seals are made from plant based materials & their stoppers are made from sustainably sourced cork



HIGHLIGHTS FROM OUR RANGE

Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

Makai Spiced Rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition & ocean meets jungle

Havana Club 3 Year Old

No stranger to awards this Cuban classic was the first Havana club intended for sipping neat

Captain Morgan Dark Rum

Smooth, rich & oaky taste with the heritage of Jamaica at its heart

Amaretto sweet Italian liqueur

Courvoisier Cognac

Cockburn's Fine Ruby 20 year old tawny port

LBV Port, Quinta do Crasto, Bella Luna, Portugal



LTOUTE COTTEBOOZÓ HOT DETNASJameson£7.50Amaretto latte£6.95Brandy£7.50Baileys latte£6.95Scottish Whisky£7.50Cointreau hot chocolate£6.95Amaretto£7.50Baileys hot chocolate£6.95Coffee Liqueur£7.50Dark rum£7.50

HOT DRINKS

Americano	£3.20	Macchiato	£3.50
Cappuccino	£3.50	Tea	£2.60
Espresso single	£2.50	Specialist tea	£2.95
Espresso double	£2.95	Mocha	£3.50
Latte	£3.50	Hot chocolate	£3.50
Flat white		Add syrup Caramel, hazelnut or vanilla	+50p





Proudly served with Moon Roast small batch coffee, roasted in the heart of rural Hampshire.

SCAN FOR ALLERGENS

Our food & drink is prepared in food areas where cross contamination may occur & our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.

